



**UNIVERSITY  
PREPARATORY SCHOOL**

PURSuing EXCELLENCE  
TOGETHER

# PANTHER PRIDE



**NATIONAL MERIT  
SCHOLARSHIP PROGRAM**

## Congratulations, Thomas Neill!!

Over 1.5 million students took the 2019 Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT) last October and entered the National Merit Scholarship Program, a nationwide competition for recognition and awards conducted by National Merit Scholarship Corporation (NMSC). In April, NMSC identified the 50,000 highest scorers and notified their high schools. Some 16,000 of those high performers, were recently designated Semifinalists on a state representational basis. Only Semifinalists have the opportunity to continue in the Merit Scholarship competition and advance to Finalist standing by meeting a number of additional requirements.

The other 34,000 high performers were named Commended Students based on a national Selection Index score of 209, applicable to all program participants without regard to state-by-state distribution. Participants who scored at or above the Commended Student Selection Index score, but below their state or selection unit's Semifinalist Selection Index score, are Commended Students. Commended Students have demonstrated outstanding potential for continuance of academic success.

Recently, officials of National Merit Scholarship Corporation announced the names of approximately 16,000 Semifinalists in the 66th annual National Merit Scholarship Program. University Preparatory School is pleased to announce senior student, Thomas Neill is recognized as a Semifinalist. In celebration of his achievement, U-Prep proudly displayed his name and his accomplishment on the school marquee. U-Prep is proud to recognize our Commended Students and our Semifinalist.

## Commended Students



**Otto Alexander**

**Nikolai Orloff**

**Annie Cheng**

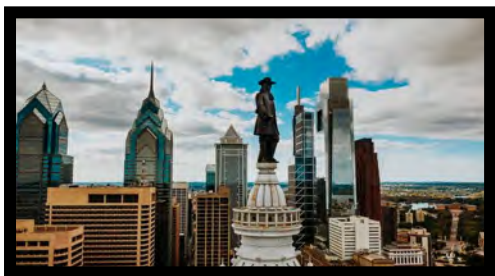
**Gwyneth Simard**

**Ryan Exley**



DATES TO REMEMBER

Oct. 5	Athletic Boosters Meeting
Oct. 5-9	Fall Spirit Week
Oct. 5	Financial Aid Night
Oct. 9	First Quarter Ends
Oct. 12-16	Senior Portraits
Oct. 12	Sober Grad Dine & Donate MOD Pizza
Oct. 14	PSAT
Oct. 15	Think Pink Day
Oct. 19	Music Boosters Meeting
Oct. 20	JH Student of the Quarter
Oct. 21	Unity Day
Oct. 22	HS Student of the Quarter
Oct. 30	Red Ribbon Day
Nov. 9-20	Canned Food Drive
Nov. 11	<b>Veteran's Day/School Holiday</b>
Nov. 19	Enrollment Information Night
Nov. 23-27	Thanksgiving Week/No School



## EAST COAST TRIP

### Class of 2021 Senior Portraits

At U-Prep, it is tradition to display our graduating class in the yearbook, the main foyer and in the graduation program with formal portraits. This formal appearance portrays your graduate in a way which reflects the rigor, professionalism and challenges they have completed successfully here at U-Prep. Marian Morgan-Hunt Photography will be on campus during school hours to take these senior portraits. Students will be assigned an appointment time. It is very important the students do not cancel or miss their assigned time. We ask for a \$25 sitting fee to be paid the day of pictures, which includes:

- Professional studio lighting/background
- Photo retouching and processing
- Inclusion of the image for the yearbook/graduation program
- Complimentary 5x7 photo (students will receive an order form if they wish to order additional copies/sizes from Marian Morgan-Hunt Photography)
- Checks should be made out to U-Prep as we will pay the photographer upon completion of the photo sessions. Because it is important for all students to have equal access to these sessions, U-Prep will help cover the sitting for any student that is in need of financial assistance.

Information regarding apparel will be forthcoming.

### Mission & Vision

University Preparatory School is an educational community invested in developing confident, capable, and compassionate citizens; its mission to immerse all students "in rigorous academics and meaningful extra-curricular activities" is supported by a collaborative and close-knit community of staff, students and parents and is based upon educational research and professional experience. The faculty and staff work together to provide students with many opportunities to excel academically and develop their potential as educated leaders and citizens in the 21st century through a rich and varied extra-curricular program. This vision is supported by offering a seven- period day to students from grades 6 through 12 so that they may pursue academic interests, such as studying multiple world languages or continue their development in the arts, including dance, drama, art, and music. The objective of this mission is to enable all students to become self-motivated, competent, and lifelong learners.

The 2021 8th grade East Coast Trip has tentative plans! The dates are June 7-13, 2021. Please contact Mrs. Bright for more information, [sbright@suhsd.net](mailto:sbright@suhsd.net)

# STUDENT GOVERNMENT

HIGH SCHOOL ADVISOR: KENT SMITH

JUNIOR HIGH SCHOOL ADVISOR: JASPAL GADDY

## FALL SPIRIT WEEK 2020

### TV SHOWS THEME



*MONDAY, 10/05*

*FRIENDS*

*TWIN DAY*

*TUESDAY, 10/06*

*ALL AMERICAN*

*SPORTS ATTIRE*

*WEDNESDAY, 10/07*

*THE OFFICE*

*BUSINESS ATTIRE*

*THURSDAY, 10/08*

*DUCK DYNASTY*

*CAMO*

*FRIDAY, 10/09*

*BLUES CLUES*

*SPIRIT WEAR*



Blue's  
Clues







# STUDENT GOVERNMENT

HIGH SCHOOL ADVISOR: KENT SMITH

JUNIOR HIGH SCHOOL ADVISOR: JASPAL GADDY

Junior High and High School ASB student leaders are always in constant motion, brainstorming and planning events designed to share school spirit and maintain the U-Prep sense of community among students and staff. The month of October is ushered in with Fall Spirit Week (theme days are listed on the previous page)! The theme is Fall TV Shows. Think Pink Day is an annual event that the campus always looks forward to celebrating. We are eagerly awaiting the arrival of this year's ASB designed Think Pink shirt. Shirts will be on sale in the Student Store for \$10! Get yours quickly before they sell out! Student of the Quarter celebrations will round out the month with junior high being recognized on the 20th, and high school on the 22nd. Congratulations to all of our Panther Students of the Quarter!



Front



Back



## U-Prep Delivers on These Four Promises:

- We prepare students for university-level admissions through offering a challenging academic environment. They will be prepared for the highest post-secondary endeavor (4-year university) regardless of their post-secondary choice.
- We provide academic and relational supports within a close-knit community of faculty and advisors.
- We strive to build positive working relationships with students and families.
- We empower students to develop their unlimited potential through offering new challenges and engagement in leadership opportunities, the visual and performing arts programs, athletics, and rigorous academics.

### **Our Motto:**

**Pursuing Excellence Together**



# VISUAL & PERFORMING ARTS

Brad Fowers-Department Chair ♦ Elizabeth Johnson-Strings & Percussion ♦ Romney Clements-Fall Musical  
Marissa Kinneavy-Dance ♦ Lura Wilhelm-Visual Arts

## VISUAL ARTS NEWS

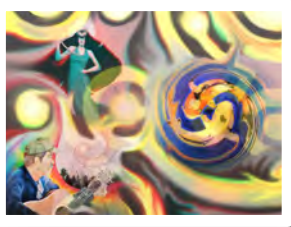


AP and Honors Art students will display their work at the Old Shasta Coffee Company, (across the street from U-Prep) Thursday, September 10 through Monday, November 1.

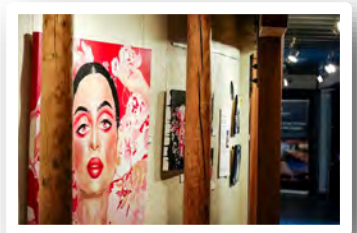
### Art in Public Places

U-Prep junior high and high school art students will be working in conjunction with Project Rainforest and City of Redding on an art sculpture to be installed at Caldwell Park. Each student will be creating a portion of a mosaic that surrounds the sculpture. It is a truly exciting project to be included in! Ms. Wilhelm is looking forward to sharing more details in the near future.

### Senior AP Art Show: January 1-31, 2021



Senior AP artists will be displaying their works at the Mosaic (The Sheraton Hotel) Gallery. This year five U-Prep seniors will display six art works of various sizes as well as portions of their portfolio for this event. More details are forthcoming.



## SPORTS NEWS

Starting the first week of October, high school athletes are invited to work out every Tuesday through Thursday from 3:45-4:30 PM on the football field. Coach Kaukonen will be leading these workouts along with various high school coaches. This will be a great opportunity for teams to work-out together, as well as building community and camaraderie on campus! Go Panthers!



# ALL AMERICAN CHEERLEADERS



## U-Prep's All American Cheerleaders

Each summer the U-Prep Cheer team ventures to cheer camp at which the team learns new material, improves their stunting techniques, captains network with other cheerleading captains, meet new friends from other schools, and performs for evaluations. In the past these evaluations have gained our team awards such as a Leadership Award, The Top Banana (the most coveted award at camp), admittance to perform at the Citrus Bowl, and many individual awards. Attending camp was not an option this year due to COVID-19, however our cheerleaders were given the opportunity to compete virtually for some of the coveted individual awards. Lillian Moon, Chloe Lockhart (both seniors) and Marley Moon (9th grade) **competed for the sought after "All American" award** and they all won it! Earning the All American award grants cheerleaders an invitation to special events such as the London Parade on New Years Eve, New York's Thanksgiving Parade and many other spectacular events, in which all of the cheerleaders that earned All American come from all over the world to perform together.

Lillian has been a cheerleader for U-Prep since her 6th grade year and has attended camp every year. She is a great performer, dancer and tumbler. When she **dances, you just can't stop watching her. Because Lilli** has attended camp every year and earned the All American award each year, she has a total of seven All American titles. This is an amazing achievement for a cheerleader. She is hopeful this year that she will be able to attend one of the All American events.

Chloe has been a part of U-Prep's cheer and STUNT team for the last three years. She is an amazing performer and stunter, always working toward perfection. Additionally, Chloe is one of our top choreographers of the cheer routines. She too has attended camp each year as a cheerleader and tried out for All American. This is her second year earning an All American title. She too is hopeful that there are events opening up this year.

Marley is new to U-Prep this year, but not new to cheer. She has been a competitive cheerleader since she could walk following a long line of sibling cheerleaders. She is a great tumbler and performer. As a freshman, it is a great accomplishment to earn the All American title.





## College & Career Corner + Counseling News

Mrs. Mason, Mr. Williams, & Mr. Maikranz

# PSAT/NMSQT™

CollegeBoard / NATIONAL MERIT SCHOLARSHIP CORPORATION

### PSAT

All 10th and 11th grade students will be taking the PSAT on Wednesday, October, 14<sup>th</sup>. The PSAT is the best preparation for the SAT, which is a college entrance exam that assesses academic readiness when applying to a 4 year college. The College Board will email an access code to view online score reports in December.



### VIRTUAL FINANCIAL AID NIGHT

- Presented by College Options @ 5:30 PM
- Zoom Link emailed Home Prior to Event to all Senior Families
  - Monday, October 5, 2020

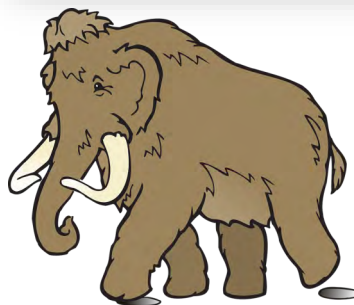
## UNITY DAY!

On Wednesday, October 21st, U-Prep students and staff are encouraged to show that they care about the safety and support of U-Prep by wearing orange in support of Unity Day. Unity Day is the day when everyone comes together to send one large orange message of support, hope, and unity to show that we are together against bullying and united for kindness, acceptance, and inclusion.



# 6th Grade Perspective

Mrs. Isheim's 6th grade class finished their first unit in history, Prehistory; students learned about what archaeologists do and the artifacts they find. The class was able to piece together history from millions of years ago based on the cave paintings they found. To compliment the history lessons, the class recently finished their novel, Boy of the Painted Cave, in which the main character's dream is to become the Chosen One or the Cave Painter.





# PANTHER STUDENT STORE

Check out the new Panther swag in the Student Store! Drop by Room 183 and check out all of the awesome newly arrived apparel. New items are also available to purchase on the Web

Store for pick up.

Student Store/ASB Office Hours

Monday - 7:30 AM - 2:00 PM

Tues. - Fri. - 7:30 AM - 3:30 PM



**PANTHERS**

# COMMUNITY NEWS

## ATHLETIC BOOSTERS



The U-Prep Athletic Boosters' Annual Tamale Fundraiser is finally here!

With 450 dozen sold last year by our Panthers, we are looking to exceed 500 this year and have added a bonus to the fundraiser! This year the team selling the most will receive \$500 from the Boosters Program! So, not only will your team raise money from your individual sales, your team could put an extra \$500 in the team account to be used for equipment, travel, officials, or whatever is needed for your sport. Forms are available online on the U-Prep Athletic Boosters' Facebook page. Forms will also be available beginning October 5th, in the main office. *If you are raising money for more than one sport, please use a separate form for each.*



**Sober Grad is holding a MOD Pizza Dine & Donate on Monday, October 12th!**



Sober Grad is holding their October meeting on Tuesday, October 5th at 6 PM in room 302. Seniors are currently selling chocolate covered pretzel rods and Sober Grad certificates to raise money for their Sober Grad party. MOD Pizza is holding a Seniors 2021 Dine and Donate fundraiser on October 12th. You must show the flyer for our seniors to get credit. Please look for the flyer coming soon on our social media pages and thank you for supporting the U-Prep Seniors 2021/Sober Grad.



Instagram

UPrep.2021



UPrep2021

Redding Recreation is ready to roll out the Fall 2020 Activity Guide, exclusively digital! Please select the following link to see all that Redding Recreation has to offer!

<https://www.cityofredding.org/departments/activity-guide/-fsiteid-1>

North State Parent Magazine is now online and available at the following link: [North State Parent](#)







# Flu Shot Clinic

Shasta District Fairgrounds  
1890 Briggs St., Anderson

**Wednesday, October 7 • 9:30 a.m. to 2 p.m.**

**Standard flu shots are *free* for everyone this year!**

**Other vaccines available:**

Fluzone High-Dose (ages 65+)	\$63*
Flublok (no egg protein)	\$63*
Pneumonia (PPV23)	\$117*
Tdap	\$46

\*These vaccines are covered by Medicare Part B.



Flu shots are recommended for people six months and older, including those who are pregnant. Vaccines are also available through healthcare providers and at many retail locations.

**Why get a shot? Those most at risk of flu complications are:**

- Age 50 and over
- Pregnant
- People with compromised immune systems
- Young children

**ShastaFluShots.com**







## WHERE CAN I GET MY YEARLY FLU SHOT?

To avoid overwhelming our hospitals with flu and COVID patients, flu shots are recommended for anyone over six months of age.

Flu shots are easily accessible through:

1. Your Primary Care Provider
2. Local pharmacies, including:
  - a. Walgreens
  - b. Rite Aid
  - c. Costco
  - d. Safeway
  - e. CVS

**Free flu shots are available to all Shasta County residents -- regardless of insurance status, at:**

1. The HHSA drive-thru
  - a. Shasta District Fairgrounds, 10/07/20 from 9:30 a.m. - 2 p.m.
2. The Public Health clinic, by appointment

**Check with your provider for age restrictions.**

To make an appointment at the  
Public Health clinic, call 225-5591.

**[shastaflushots.com](http://shastaflushots.com)**



Shasta County  
**Health & Human  
Services Agency**



## Earn big with 4 weekends of 2-day bonuses

Bonus Fest is coming Oct 9 – 31. Each weekend features a different lineup of brands on bonus for 2 days only. Take advantage of the extra earning to make an even bigger impact for our organization.

### Things to know:

- Bonuses start Friday morning and end Saturday night.
- Offers will be announced each Friday.
- All gift card types (eGift cards, physical gift cards, and money added to reloadable cards) are included.

*"Bonus Fest is so fun. I set an alarm to remind myself to check my phone and see what brands are on bonus. Then I stock up on all the brands I love and even start shopping for holiday gifts."*

*Linda T., Earns for school hockey*

Go to the RaiseRight mobile app or ShopWithScrip.com for more information.

*Use the new mobile APP! It is so easy, you can purchase an electronic gift card while you are waiting in line at the store*

#### Get started:

1. Enroll in the RaiseRight mobile app or on ShopWithScrip.com with our organization's enrollment code: 1DDALAAE11595
2. Seamlessly check out and get eGift cards and reloads faster by securely paying online with a bank account or credit card.

ShopWithScrip®



Get the app  
[www.RaiseRight.com](http://www.RaiseRight.com)







*Sign up NOW make sure you include your student's name and current grade level and 10% of your scrip profits will be used for your child's 8<sup>th</sup> or 12<sup>th</sup> grade graduation events! It's never too early to start to EARN! (Profits will follow your student)*

IT IS SO EASY! I USE THE NEW APP WHILE I AM WAITING IN LINE TO MAKE MY PURCHASES!

Now you can even use your credit card or debit card to buy ecards and you get them **INSTANTLY!**

**Clothing**

**Coffee**

**Hotels**

**Groceries**

**Travel**

**Restraunts**

**Books**

**GAS**

I always have Dutch Bros and Holiday Market on hand. EMAIL ME AT [UPREPSCRIP@SUHSD.NET](mailto:UPREPSCRIP@SUHSD.NET) and I can usually have the cards to you the next day.

Enrollment Code: 1DDALAAE11595

Any Questions: Contact Vicki at [uprepscrip@suhsd.net](mailto:uprepscrip@suhsd.net)



## University Preparatory School 2020-2021 School Calendar

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12	13	14	15	16	17	18
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21

1st Quarter Ends: October 9 (43)  
 1st Semester Ends: December 17 (43)  
 3rd Quarter Ends: March 19 (47)  
 2nd Semester Ends: May 27 (42)

**Shaded = Student Attendance Days (175)**

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Su	M	Tu	W	Th	F	Sa

### HOLIDAYS/RECESSES

Labor Day ..... Sep 7  
 Veteran's Day Holiday ..... Nov 11  
*(by law must be Nov 11 if a weekday)*  
 Thanksgiving Break ..... Nov 23-27  
 Winter Break ..... Dec 18-Jan 4  
 Martin Luther King Day ..... Jan 18  
 Lincoln Day observed ..... Feb 15  
 Washington Day observed ..... Feb 16  
 February Recess ..... Feb 15-19  
 Spring Break ..... Apr 2-Apr 12  
 Memorial Day ..... May 31

Thanksgiving - November 26  
 Easter - April 4

### CERTIFICATED DATES

School Starts: August 11      Graduation: May 28  
 School Ends: May 27

Staff Work Days      Aug 10  
                                  May 28  
                                  Jun 1

Staff Development Days      Aug 7  
                                  Jan 5  
                                  Apr 12

Snow Day Makeup: June 1  
*(If snow day makeup is used, then June 1 work day will be moved to June 2)*

Board Adopted 9-4-19